

Fox Run

Assisted Living Community
Council Bluffs, IA
712-256-2741

Shalimar Gardens

Assisted Living & Memory
Support Community
Fremont, NE
402-721-1616

College View

Assisted Living & Memory
Support Community
Hastings, NE
402-462-6264

Northern Hills

Independent & Assisted
Living Community
Sioux City, IA
712-239-9400

Meridian Gardens

Assisted Living Community
Columbus, NE
402-564-6300

Heritage Pointe

Assisted Living & Memory
Support Community
Omaha, NE
402-614-5222

Heritage Ridge

Independent Living
Assisted Living & Memory
Support Community
Bellevue, NE
402-932-1881

Heritage Management Services, Inc. follows a non-discrimination policy on age, race, sex, national origin and disability. This applies to employment practices, residents and the provisions of services.

Heritage Management Services, Inc. is an Equal Opportunity Employer.



Letter from the Director

The end of the year, the beginning of another decade. Although Northern Hills hasn't changed much on the outside our look on the inside has changed quite a bit over the last year. Both buildings had décor changes that very pleasing to the eye. Although I am no interior decorator (management brought that to my attention), the facelift looks good and staff and residents should be proud of the changes. Our commitment to keeping Northern Hills "looking good" will always be kept in place.

We just finished moving about a dozen cars from the worst snow storm in over a decade according to the radio. Six foot drifts caused by 50 mph winds caused many cancellations and postponements across the city. I'm sure some businesses suffered because of employees which couldn't find the creativity to make it to work.

The dietary and nursing departments at Northern Hills had 100% of its workforce make it to work on time. Many had to leave early, make special transportation arrangements, or wade through blowing snow to get to work. Ray's rooster tail of snow from the snowblower was obvious as I 4-wheeled up the entrance to Northern Hills about 8:00 am. Some arrived a little later than others but they weren't deterred by Mother Nature's practical joke. The day went on as normal. Please refer to the last sentence of the first paragraph.

On behalf of the staff of Northern Hills, I want to wish our residents and families, our vendors and service providers, and to those hoping to find a truly remarkable retirement community in 2010, a Merry Christmas and the hope of personal peace this coming year.

Gary



Northern Hills Assisted Living
4002 Teton Trace • Sioux City, IA 51104
(712) 239-9402



Northern Hills Retirement Living
4000 Teton Trace • Sioux City, IA 51104
(712) 239-9400

www.NorthernHills.biz

Professionally managed by Heritage Management Services, Inc.

www.hmscare.com



Betty and Gene trimming the tree.



North High School Madrigals at Northern Hills



Crafters at the Northern Hills American Country Christmas Celebration



The New Horizons Band performs at Northern Hills American Country Christmas Celebration



Kathryn Searls receiving a hug after being serenaded for her 99th birthday.

They say a picture is worth a thousand words. We have certainly had our share of good times over the past few months. (just look at all the great photos) As I write this newsletter, I am watching the snow fall, my cup of hot cocoa on my desk and looking out at the beautiful Christmas decorations here at Northern Hills. We have been enjoying a lot of great entertainment through out the month of December and still have a good share of fun and parties to experience.



The Barbershop chorus performs at Northern Hills American Country Christmas Celebration



Northern Hills Quilt Show



The Avon Booth at the Northern Hills American Country Christmas Celebration



Esther Scholler is too cute in her Roman toga

What's coming up?

Although the weather outside is frightful, we at Northern Hills will be sailing away on a January Caribbean cruise. We will have lounge entertainment, mid-afternoon dessert buffets, casino games, trips via DVD to interesting ports of call. Our two ships the NHA1 and the NHI2 will travel to interesting places and have lots of shipboard fun. Be ready for a full line up of fun activities.

February, the love month...and we will find plenty of activities to love. In addition to our big Valentine's Dinners, we will also have our annual Fat Tuesday celebration. I usually find some specialty food to showcase...we've done wines, beers, breads, coffees, chocolates and my brain is busy thinking of something new and exciting for us to learn about and taste test.

March...that unpredictable month always brings with it something fun and unique for our residents at Northern Hills. March Madness will again,, bring with it a whole host of fun filled days as we usher in Spring!!! Be ready to put the snow shovels away...oh wait, here at Northern Hills, you don't even need a snow shovel.



Northern Hills 2009, Assisted Living Royalty, Princess, Connie Temple; King, Bill Dutton; Queen, Maxine Dutton; Prince, Bob Temple.



Northern Hills 2009 Independent Royalty, King, Don Lawrenson, Queen, Virginia Lawrenson



June Grebenc kicks up her heels at the Halloween Party



Halloween Party Treats!!!

Marketing perspective:

Lyndsay Pelchat, our marketing director, is always ready to welcome new residents to our Northern Hills Family. If you or someone you love wants to become part of a wonderful community of seniors, please call Lyndsay. She will give you a tour of our facilities, invite you to lunch and answer any questions you might have about Northern Hills Retirement Community.

A Heritage Ridge Update



Construction on Heritage Ridge Retirement Community has been moving along at a steady pace. The building is now enclosed including the skylight in the main entrance. The exterior progress is readily visible including brick work, siding, paint and the second floor outdoor living space. Landscaping is complete in the interior courtyard and interior finishing of rooms continues with many rooms nearly complete with paint, trim, doors, cabinets, bathroom and kitchen flooring and bathroom fixtures. At this pace, Heritage Ridge is right on schedule for its February 2010 opening.

Resident's Birthdays

January	
Kathryn Hartnett	4th
Maxine Dutton	9th
Wanda Speck	11th
Carol Culver	12th
Mary Ellen Fett	12th
Mert Karnes	15th
Helen Edwards	28th
Bea Zellmer	28th
Waldene Ramesbotham	29th
Ida Stone	31st

February	
Shirley Dykstra	3rd
Darlene Smith	6th
Betty Gapp	6th
Martha Schram	12th
June Hebert	14th
Helen Schu	15th
Betty Kragthorpe	17th

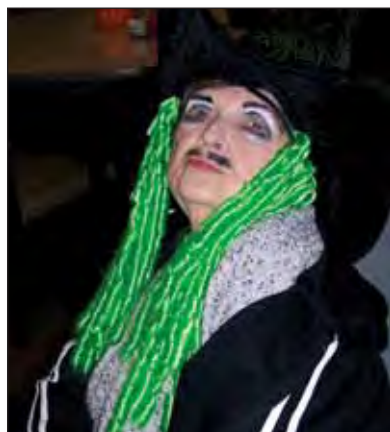
March	
Edna Winkel	5th
Esther Scholler	5th
Jim Hrdy	10th
Bernice Crane	15th
Frances Lelchook	15th
Winnie Macfarlane	20th
Virginia Lawrenson	20th
Donnabelle Benson	20th
Glady's Wachter	29th



Ladies Pajama Party Brunch



Flu Shots at Northern Hills...Ouch!!



Ruth Buddi getting into character for Halloween



1st Prize Costume winner, Beulah Lewis with her daughter, Sharon.